

Haywood County Schools HES Menu

Monday

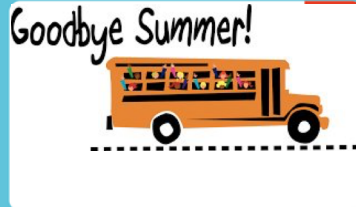
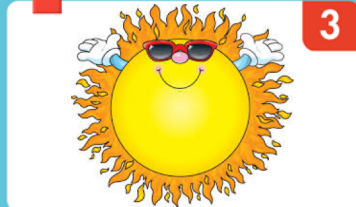
Tuesday

Wednesday

Thursday

Friday

2
Student meals are served
at no cost.
Adult Lunch: \$4.00



9
Cheeseburger
Sun Chips
Green Beans
Chilled Fruit Variety
100% Fruit Juice

10
Chicken Smackers
Cheesy Broccoli
Sweet Potatoes
Chilled Fruit Variety
100% Fruit Juice

11
Sloppy "Joey"
Buttery Corn
Green Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

12
Spaghetti
Crackers
Turnip Greens
Black-Eyed Peas
Fresh Fruit
100% Fruit Juice

13
Deli Sub
Veggies w/ Ranch
Fresh Fruit
Frozen Fruit Sidekick

16
Chicken & Waffles
Cheesy Broccoli
Sweet Potatoes
Chilled Fruit Variety
100% Fruit Juice

17
Country Steak & Gravy
WG Roll
Mashed Potatoes
Green Peas
Chilled Fruit Variety
100% Fruit Juice

18
Hotdog
Sun Chips
Green Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

19
BBQ Sandwich
Creamy Coleslaw
Baked Beans
Fresh Fruit
100% Fruit Juice

20
Deli Sub
Veggies w/ Ranch
Fresh Fruit
Frozen Fruit Sidekick

23
Chicken Sandwich
Sun Chips
Green Beans
Chilled Fruit Variety
100% Fruit Juice

24
Taco Stick
Perfect Pinto Beans
Mexicali Corn
Chilled Fruit Variety
100% Fruit Juice

25
Corndog
Sweet Potatoes
Buttery Butter Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

26
Chicken Rotel Spaghetti
Crackers
Steamed Broccoli
Glazed Carrots
Fresh Fruit
100% Fruit Juice

27
Deli Sub
Veggies w/ Ranch
Fresh Fruit
Frozen Fruit Sidekick

30
Cheeseburger
Sun Chips
Green Beans
Chilled Fruit Variety
100% Fruit Juice

31
Chicken Smackers
Cheesy Broccoli
Sweet Potatoes
Chilled Fruit Variety
100% Fruit Juice

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Menus are subject to change based on availability.

This institution is an equal opportunity provider.