

Cheeseburger

Ranch Fries Green Beans

Chilled Fruit Variety

100% Fruit Juice

30

AUGUST 2021



Haywood County Schools Grades K-8 Menu

Monday **Tuesday Thursday** Friday Wednesday Goodbye Summer! Student meals are served at no cost. Adult Lunch: \$4.00 Cheeseburger Sloppy "Joey" Chicken Smackers Spaghetti Pizza **Ranch Fries Cheesy Broccoli** w/ Corn Bread Garden Side Salad **Buttery Corn Green Beans Sweet Potatoes Green Beans Turnip Greens** Veggies w/ Ranch **Chilled Fruit Variety** Chilled Fruit Variety Chilled Fruit Variety **Black-Eyed Peas** Fresh Fruit Frozen Fruit Sidekick 100% Fruit Juice 100% Fruit Juice Frozen Fruit Sidekick Fresh Fruit 100% Fruit Juice Country Steak & Gravy Hotdog 18 **BBQ Sandwich** Pizza Chicken & Waffles Ranch Fries WG Roll **Creamy Coleslaw** Garden Side Salad **Cheesy Broccoli Green Beans Mashed Potatoes Baked Beans** Veggies w/ Ranch **Sweet Potatoes Chilled Fruit Variety Green Peas** Fresh Fruit Fresh Fruit **Chilled Fruit Variety** Frozen Fruit Sidekick 100% Fruit Juice Frozen Fruit Sidekick **Chilled Fruit Variety** 100% Fruit Juice 100% Fruit Juice **Taco Stick** 25 Chicken Rotel Spaghetti Pizza Chicken Sandwich Corndoq Perfect Pinto Beans **Sweet Potatoes** WG Roll Garden Side Salad Seasoned Fries Mexicali Corn Steamed Broccoli **Green Beans Buttery Butter Beans** Veggies w/ Ranch **Chilled Fruit Variety Glazed Carrots** Fresh Fruit **Chilled Fruit Variety** Chilled Fruit Variety Frozen Fruit Sidekick Frozen Fruit Sidekick 100% Fruit Juice 100% Fruit Juice Fresh Fruit 100% Fruit Juice

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Menus are subject to change based on availability.

Chicken Smackers (1)

Cheesy Broccoli

Sweet Potatoes

Chilled Fruit Variety

100% Fruit Juice