

AUGUST 2021 Haywood County Schools Grades Pre-K Menu



Monday

Student meals are? served at no cost.

dult Breakfast: \$3.00

Muffin Chilled Fruit Variety 1% Milk Choice

Mini Waffles

Chilled Fruit Variety

1% Milk Choice

16

Tuesday



Sausage & Biscuit () Chilled Fruit Choice 1% Milk Choice

Chicken & Biscuit 7

Chilled Fruit Choice

1% Milk Choice

Sausage & Biscuit 4

Chilled Fruit Choice

1% Milk Choice

Wednesday



Breakfast Croissant Sandwich **Chilled Fruit Variety** 1% Milk Choice

Bosco Sticks w/ Marinara **Chilled Fruit Variety**

1% Milk Choice

Breakfast Croissant5 Sandwich **Chilled Fruit Variety** 1% Milk Choice



Thursday

Grilled Cheese 112 Fresh Fruit Choice 1% Milk Choice

Mini Pancakes 13 Fresh Fruit Choice 1% Milk Choice

Pancake & Sausage? Wrap **Fresh Fruit Choice** 1% Milk Choice

Grilled Cheese 26 Fresh Fruit Choice 1% Milk Choice

String Cheese 20 Goldfish Fresh Fruit Choice 1% Milk Choice

Friday

Mini Pancakes 27 Fresh Fruit Choice 1% Milk Choice

Chilled Fruit Variety 1% Milk Choice

Graham Crackers

Yogurt Variety 23

Mini Waffles **Chilled Fruit Variety** 1% Milk Choice

Chicken & Biscuit **Chilled Fruit Choice** 1% Milk Choice



To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fuit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce. Yogurt must contain no more than 23 grams of sugar per 6 ounces.