

OCTOBER 2021

Haywood County Schools: HMS Menu


Monday
Tuesday
Wednesday
Thursday
Friday

Student meals are served
at no cost.
Adult Lunch: \$4.00


1
Fall Break
4
Fall Break
5
Fall Break
6
Fall Break
7
Fall Break
8

Cheeseburger
Seasoned Fries
Baked Beans
Chilled Fruit Variety
100% Fruit Juice

11

Southwest Queso Cheesy
Pull-Apart w/Salsa
Perfect Pinto Beans
Mexicali Corn
Chilled Fruit Variety
100% Fruit Juice

12

Sloppy Joe
Glazed Carrots, Green Beans
Chilled Fruit Variety
Frozen Fruit Sidekick
100% Fruit Juice

13

Vegetable Beef Soup
w/ Crackers
Broccoli w/ Ranch
Fresh Fruit Variety
100% Fruit Juice

14

Smart Mouth
Chicken Bacon Ranch Pizza
Garden Side Salad
Carroteenies w/ Ranch
Fresh Fruit Variety
100% Fruit Juice

15

Chicken Sandwich
Ranch Fries
Green Beans
Chilled Fruit Variety
100% Fruit Juice

18

Taco Soup
Tortilla Chips w/ Salsa
Celery w/ Ranch
Chilled Fruit Variety
100% Fruit Juice

19

Ham & Cheese Hoagie
Dill Pickle Spears
Broccoli w/ Ranch
Chilled Fruit Variety
100% Fruit Juice
Mini Rice Krispy Treat

20

Turkey Roast w/ Gravy
WG Roll
Mashed Potatoes
Green Peas
Fresh Fruit Variety
100% Fruit Juice

21

Italian Cheesy Pull -Apart
w/ Marinara
Garden Side Salad
Carroteenies w/ Ranch
Fresh Fruit Variety
100% Fruit Juice

22

Cheddar Cheese Omelet
w/ Sausage Links
Pancakes w/ Syrup
Hashbrowns
Chilled Fruit Variety
Wango Mango Juice

25

Hot Dog
Ranch Fries
Green Beans
Chilled Fruit Variety
100% Fruit Juice

26

Chicken Stuffed Potato
WG Roll
Steamed Broccoli
Chilled Fruit Variety
Frozen Fruit Sidekick
100% Fruit Juice

27

Beefy Rotel Spaghetti
WG Roll
Perfect Pinto Beans
Buttery Corn
Fresh Fruit Variety
100% Fruit Juice

28

Smart Mouth
Chicken Bacon Ranch Pizza
Garden Side Salad
Carroteenies w/ Ranch
Fresh Fruit Variety
100% Fruit Juice

29

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Menus are subject to change based on availability.

This institution is an equal opportunity provider.