



Haywood County Schools: HES Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.
Adult Lunch: \$4.00



LABOR DAY **6**

Hotdog **7**
Buttery Corn
Green Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

Yogurt Variety **8**
Cheese Stick
Honey Grahams
Veggies (3/4 c.) & Dip
Chilled Fruit Variety
100% Fruit Juice

Taco Stick w/ Salsa **9**
Perfect Pinto Beans
Mexicali Corn
Chilled Fruit Variety
100% Fruit Juice

Deli Sub **10**
Carroteenies & Celery Sticks w/ Ranch
Fresh Fruit
100% Fruit Juice
Mini Rice Krispy Treat

Chicken Sandwich **13**
Dill Pickle Spears (2)
Green Beans
Chilled Fruit Variety
100% Fruit Juice

Corndog **14**
Sweet Potatoes
Buttery Butter Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

Sunbutter & Jelly Sandwich **15**
Cheese Stick
Broccoli & Grape Tomatoes w/ Ranch
Fruit Cup
100% Fruit Juice

Cheeseburger **16**
Sunchips
Green Beans
Chilled Fruit Variety
100% Fruit Juice

Deli Sub **17**
Carroteenies & Celery Sticks w/ Ranch
Fresh Fruit
100% Fruit Juice
Mini Rice Krispy Treat

Chicken Smackers **20**
Mashed Potatoes
Green Peas
Chilled Fruit Variety
100% Fruit Juice

Sloppy "Joey" **21**
Buttery Corn
Green Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

Yogurt Variety **22**
Cheese Stick
Honey Grahams
Veggies (3/4 c.) & Dip
Chilled Fruit Variety
100% Fruit Juice

Italian Cheesy Pull-Aparts **23**
w/ Marinara
Turnip Greens
Black-Eyed Peas
Fresh Fruit
100% Fruit Juice

Deli Sub **24**
Carroteenies & Celery Sticks w/ Ranch
Fresh Fruit
100% Fruit Juice
Mini Rice Krispy Treat

Chicken & Waffles **27**
Cheesy Broccoli
Sweet Potatoes
Chilled Fruit Variety
100% Fruit Juice

Hotdog **28**
Buttery Corn
Green Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

Sunbutter & Jelly Sandwich **29**
Cheese Stick
Broccoli & Grape Tomatoes w/ Ranch
Fruit Cup
100% Fruit Juice

Taco Stick w/ Salsa **30**
Perfect Pinto Beans
Mexicali Corn
Chilled Fruit Variety
100% Fruit Juice



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Menus are subject to change based on availability.

This institution is an equal opportunity provider.