

100% Fruit Juice

## **SEPTEMBER 2021**



## Haywood County Schools Grades K-8 Menu

## Monday Tuesday Wednesday **Thursday** Friday Sloppy "Joey" Pizza Spaghetti Student meals are served Garden Side Salad **Buttery Corn** w/ Corn Bread at no cost. **Green Beans Turnip Greens** Carroteenies w/ Ranch Adult Lunch: \$4.00 **Chilled Fruit Variety** Black-Eyed Peas Fresh Fruit Frozen Fruit Sidekick Fresh Fruit Frozen Fruit Sidekick 100% Fruit Juice Country Steak & Gravy Italian Cheesy Pull-Apart Hotdog 8 **BBQ Sandwich** WG Roll **Ranch Fries Creamy Coleslaw** w/ Marinara **Mashed Potatoes Garden Side Salad Green Beans Baked Beans Green Peas** Fresh Fruit **Chilled Fruit Variety** Carroteenies w/ Ranch **Chilled Fruit Variety** Frozen Fruit Sidekick 100% Fruit Juice Fresh Fruit 100% Fruit Juice Frozen Fruit Sidekick LABOR DAY Taco Stick w/ Salsa 1/ Chicken Rotel Spaghetti Chicken Sandwich 13 15 Corndog Pizza Sweet Potatoes WG Roll Garden Side Salad Perfect Pinto Beans Seasoned Fries Mexicali Corn **Buttery Butter Beans** Steamed Broccoli Carroteenies w/ Ranch **Green Beans Chilled Fruit Variety Glazed Carrots** Fresh Fruit **Chilled Fruit Variety Chilled Fruit Variety** 100% Fruit Juice Frozen Fruit Sidekick Fresh Fruit Frozen Fruit Sidekick 100% Fruit Juice 100% Fruit Juice Chicken Smackers Sloppy "Joey" 22 Spaghetti 23 Pizza Cheeseburger 20 Garden Side Salad **Cheesy Broccoli** w/ Corn Bread **Ranch Fries Buttery Corn Turnip Greens** Sweet Potatoes **Green Beans** Carroteenies w/ Ranch **Green Beans Chilled Fruit Variety Chilled Fruit Variety Black-Eyed Peas** Fresh Fruit **Chilled Fruit Variety** 100% Fruit Juice Frozen Fruit Sidekick Fresh Fruit Frozen Fruit Sidekick 100% Fruit Juice 100% Fruit Juice Chicken & Waffles 97 Country Steak & Graves 29 30 Hotdog **BBQ Sandwich Cheesy Broccoli** WG Roll **Ranch Fries Creamy Coleslaw Sweet Potatoes Mashed Potatoes Green Beans Baked Beans Chilled Fruit Variety Green Peas Chilled Fruit Variety** Fresh Fruit

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Menus are subject to change based on availability.

Frozen Fruit Sidekick

100% Fruit Juice

Chilled Fruit Variety

100% Fruit Juice