

Haywood County Schools: HMS Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Cheeseburger Seasoned Fries Baked Beans Chilled Fruit Variety 100% Fruit Juice</p>	<p></p>	<p>3</p> <p>Sloppy Joe Glazed Carrots Green Beans Chilled Fruit Variety Frozen Fruit Sidekick Sunset Sip</p>	<p>4</p> <p>Chili w/ Crackers Steamed Broccoli Sweet Potatoes Fresh Fruit Variety 100% Fruit Juice</p>	<p>5</p> <p>Smart Mouth Hot Wing Pizza Green Beans Celery w/ Ranch Fresh Fruit Variety 100% Fruit Juice</p>
<p>8</p> <p>Chicken Sandwich Ranch Fries Green Beans Chilled Fruit Variety 100% Fruit Juice</p>	<p>9</p> <p>Taco Soup Tortilla Chips w/ Salsa Carroteenies w/ Ranch Chilled Fruit Variety 100% Fruit Juice</p>	<p>10</p> <p>Italian Cheesy Pull-Apart Marinara Sauce Buttery Corn Chilled Fruit Variety Frozen Fruit Sidekick Sunset Sip</p>	<p>11</p> <p>Spaghetti Corn Bread Black-eyed Peas Turnip Greens Fresh Fruit Variety 100% Fruit Juice</p>	<p>12</p> <p>Smart Mouth Hot Wing Pizza Green Beans Celery w/ Ranch Fresh Fruit Variety 100% Fruit Juice</p>
<p>15</p> <p>Cheddar Cheese Omelet w/ Sausage Links Pancakes w/ Syrup Hashbrowns Chilled Fruit Variety Wango Mango Juice</p>	<p>16</p> <p>Smart Mouth Hot Wing Pizza Black-eyed Peas Carroteenies w/ Ranch Fresh Fruit Variety 100% Fruit Juice</p>	<p>17</p> <p>Ranch Chicken Stuffed Baked Potato WG Roll Steamed Broccoli Chilled Fruit Variety Frozen Fruit Sidekick Sunset Sip</p>	<p>18</p> <p>Turkey & Dressing w/ Gravy Sweet Potatoes Green Beans Cranberry Sauce Strawberries Snickerdoodle</p>	<p>19</p> <p>Hot Dog Ranch Fries Green Beans Chilled Fruit Variety 100% Fruit Juice</p>
<p>22</p> <p></p>	<p>23</p> <p></p>	<p>24</p> <p></p>	<p>25</p> <p></p>	<p>26</p> <p></p>
<p>29</p> <p>Cheeseburger Seasoned Fries Baked Beans Chilled Fruit Variety 100% Fruit Juice</p>	<p>30</p> <p>Southwest Queso Chees Pull-Apart w/Salsa Perfect Pinto Beans Mexicali Corn Chilled Fruit Variety 100% Fruit Juice</p>	<p>Student meals are served at no cost.</p> <p>Adult Lunch: \$4.00</p>		



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Menus are subject to change based on availability.

This institution is an equal opportunity provider.