

## Haywood County Schools: HMS Menu

### Monday



**3**

**10**

Grilled Cheese  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.



**17**

**24**

Grilled Cheese  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.

**31**

Sausage, Egg & Cheese Wrap  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.

### Tuesday



**4**

**11**

Smoothie or Poptarts  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.

**18**

Smoothie or Crunchmania  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.

**25**

Donut Variety  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
MooBrew

### Wednesday

**5**

Chocolate Filled Crescent  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.

**12**

Sausage Egg & Cheese Burrito  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.

**19**

Muffin Variety (4oz.)  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.

**26**

Chocolate Filled Crescent  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.

### Thursday

**6**

Smoothie or Donut Variety  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

**13**

Smoothie or Breakfast Bar Variety  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

**20**

Smoothie or Donut Variety  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

**27**

Smoothie or Donut Variety  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

### Friday

**7**

Sausage & Biscuit  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

**14**

Chicken & Biscuit  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

**21**

Hot Ham & Cheese Sandwich  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

**28**

Sausage & Biscuit  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

Student meals are served at no cost.

Adult Breakfast: \$3.00

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a fruit.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. A choice of white and flavored 1 % milk will be offered daily. Due to supply chain issues, menu items are subject to change.

**This institution is an equal opportunity provider.**