



Monday

3

 Professional Development

10
 Italian Cheesy Pull-Apart
 Marinara Sauce
 Green Beans
 Chilled Fruit Variety
 100% Fruit Juice

17

 MLK DAY

24
 Chicken Sandwich
 Ranch Fries
 Baked Beans
 Chilled Fruit Variety
 100% Fruit Juice

6
 Italian Cheesy Pull-Apart
 Marinara Sauce
 Green Beans
 Chilled Fruit Variety
 100% Fruit Juice

Tuesday

4

 Professional Development

11
 Taco Soup
 Crackers
 Steamed Broccoli
 Glazed Carrots
 Chilled Fruit Variety
 100% Fruit Juice

18
 Country Steak & Gravy
 w/ Roll
 Mashed Potatoes
 Green Peas
 Chilled Fruit Variety
 100% Fruit Juice

25
 BBQ Chicken Nachos
 Perfect Pinto Beans
 Mexicali Corn
 Chilled Fruit Variety
 100% Fruit Juice

Wednesday

5
 Sloppy Joe
 Sweet Potatoes
 Green Beans
 Chilled Fruit Variety
 Frozen Fruit Sidekick

12
 Turkey Roast w/ Gravy
 Roll
 Mashed Potatoes
 Green Peas
 Chilled Fruit Variety
 Frozen Fruit Sidekick

19
 Hot Dog
 Ranch Fries
 Baked Beans
 Chilled Fruit Variety
 Frozen Fruit Sidekick

26
 Sloppy Joe
 Glazed Carrots
 Green Beans
 Chilled Fruit Variety
 Frozen Fruit Sidekick

Thursday

6
 BBQ Sandwich
 Baked Beans
 Creamy Coleslaw
 Fresh Fruit Variety
 100% Fruit Juice

13
 Spaghetti
 Corn Bread
 Black-eyed Peas
 Turnip Greens
 Fresh Fruit Variety
 100% Fruit Juice

20
 Southwest Cheesy
 Pull-Apart w/ Salsa
 Perfect Pinto Beans
 Fresh Fruit Variety
 100% Fruit Juice

27
 Chili
 w/ Crackers
 Steamed Broccoli
 Sweet Potatoes
 Fresh Fruit Variety
 100% Fruit Juice

Friday

7
 Cheeseburger
 Seasoned Fries
 Celery w/ Ranch
 Fresh Fruit Variety
 100% Fruit Juice

14
 Cheeseburger
 Seasoned Fries
 Carroteenies w/ Ranch
 Fresh Fruit Variety
 100% Fruit Juice

21
 Cheeseburger
 Seasoned Fries
 Celery w/ Ranch
 Fresh Fruit Variety
 100% Fruit Juice

28
 Cheeseburger
 Seasoned Fries
 Carroteenies w/ Ranch
 Fresh Fruit Variety
 100% Fruit Juice

Student meals are served at no cost.
Adult Lunch: \$4.00



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.