

Haywood County Schools HMS Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1
Taco Soup
Tortilla Chips w/ Salsa
Steamed Broccoli
Chilled Fruit Variety

2
Turkey Roast w/ Gravy
WG Roll
Mashed Potatoes & Peas
Chilled Fruit Variety
Frozen Fruit Sidekick

3
Spaghetti
Corn Bread
Black-eyed Peas
Turnip Greens
Fresh Fruit Variety
100% Fruit Juice

4
Smart Mouth
Chicken Alfredo Pizza
Baked Beans
Carroteenies w/ Ranch
Fresh Fruit Variety
100% Fruit Juice

7
Chicken Rotel Spaghetti
WG Roll
Green Beans
Glazed Carrots
Chilled Fruit Variety
100% Fruit Juice

8
Country Steak & Gravy
w/ Roll
Mashed Potatoes
Green Peas
Chilled Fruit Variety
100% Fruit Juice

9
Chili Stuffed Potato
Cornbread
Cheesy Broccoli
Chilled Fruit Variety
Frozen Fruit Sidekick

10
Hot Dog
Ranch Fries
Baked Beans
Fresh Fruit Variety
100% Fruit Juice

11
Smart Mouth
Chicken Alfredo Pizza
Green Beans
Mixed Veggies w/ Ranch
Fresh Fruit Variety
100% Fruit Juice

14
Cheeseburger
Seasoned Fries
Pinto Beans
Chilled Fruit Variety
BE MINE Sidekick

15
Vegetable Beef Soup
Corn Bread
Buttery Corn
Chilled Fruit Variety
100% Fruit Juice

16
Sloppy Joe
Sweet Potatoes
Green Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

17
BBQ Sandwich
Baked Beans
Coleslaw
Fresh Fruit Variety
100% Fruit Juice

18
Smart Mouth
Chicken Alfredo Pizza
California Blend Veggies
Carroteenies w/ Ranch
Fresh Fruit Variety
100% Fruit Juice

21

Tacos w/ Salsa
Perfect Pinto Beans
Mexicali Corn
Chilled Fruit Variety
100% Fruit Juice

22
2/22/22
Turkey Roast w/ Gravy
WG Roll
Mashed Potatoes & Peas
Chilled Fruit Variety
Frozen Fruit Sidekick

23
Spaghetti
Corn Bread
Black-eyed Peas
Turnip Greens
Fresh Fruit Variety
100% Fruit Juice

24
Smart Mouth
Chicken Alfredo Pizza
Green Beans
Carroteenies w/ Ranch
Fresh Fruit Variety
100% Fruit Juice

25
Smart Mouth
Chicken Alfredo Pizza
Green Beans
Carroteenies w/ Ranch
Fresh Fruit Variety
100% Fruit Juice

28
Chicken Quesadilla
Mexicali Corn
Pinto Beans
Chilled Fruit Variety
100% Fruit Juice



Student meals are served at no cost.
Adult Lunch: \$4.00

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.