## Haywood County Schools Grades K-6 Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  | Taco Soup <br> Tortilla Chips w/Salsa <br> Steamed Broccoli <br> Chilled Fruit Variety | Turkey Roast w/ Gravy <br> WG Roll <br> Mashed Potatoes \& Peas Chilled Fruit Variety Frozen Fruit Sidekick | Spaghetti Corn Bread Black-eyed Peas Turnip Greens Fresh Fruit Variety 100\% Fruit Juice | Cheeseburger Seasoned Fries Carroteenies w/ Ranch Fresh Fruit Variety 100\% Fruit Juice |
| Chicken Rotel Spaghetti WG Roll Green Beans Glazed Carrots Chilled Fruit Variety 100\% Fruit Juice | Country Steak \& Gravy <br> w/ Roll <br> Mashed Potatoes Green Peas Chilled Fruit Variety 100\% Fruit Juice | Chili Cornbread Cheesy Broccoli Chilled Fruit Variety Frozen Fruit Sidekick | Hot Dog <br> Ranch Fries <br> Baked Beans <br> Fresh Fruit Variety 100\% Fruit Juice | Cheeseburger Seasoned Fries Carroteenies w/ Ranch Fresh Fruit Variety 100\% Fruit Juice |
| Mexican Fiestada Mexicali Corn Perfect Pinto Beans Chilled Fruit Variety BE MINE Sidekick | Vegetable Beef Soup Corn Bread Black-eyed Peas Chilled Fruit Variety 100\% Fruit Juice | Sloppy Joe <br> Sweet Potatoes <br> Green Beans <br> Chilled Fruit Variety <br> Frozen Fruit Sidekick | BBQ Sandwich Baked Beans Coleslaw Fresh Fruit Variety 100\% Fruit Juice | Cheeseburger Seasoned Fries California Blend Veggie Fresh Fruit Variety 100\% Fruit Juice |
|  | 2/22/22 <br> Tacos w/ Salsa Perfect Pinto Beans Mexicali Corn Chilled Fruit Variety - 100\% Fruit Juice | Turkey Roast w/ Gravy <br> WG Roll <br> Mashed Potatoes \& Peas Chilled Fruit Variety Frozen Fruit Sidekick | Spaghetti Corn Bread Black-eyed Peas Turnip Greens Fresh Fruit Variety 100\% Fruit Juice | Cheeseburger Seasoned Fries Baked Beans Fresh Fruit Variety 100\% Fruit Juice |
| Chicken Sandwich Ranch Fries Green Beans Chilled Fruit Variety 100\% Fruit Juice |  |  | Student meals are served at no cost. <br> Adult Lunch: \$4.00 |  |

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored $1 \%$ milk
is offered daily. Due to supply chain issues, menu items are subject to change.
This institution is an equal opportunity provider.

