

Haywood County Schools: SHIS Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|
|  <p>1 Taco Stick Chips & Salsa Celery w/ Ranch Chilled Fruit Variety 100% Fruit Juice</p> | <p>2 Sloppy Joe Broccoli w/ Ranch Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice</p> | <p>3 Italian Cheesy Pull-Apart Marinara Sauce Black-eyed Peas Fresh Fruit Variety 100% Fruit Juice</p> | <p>4 Deli Sub Baked Beans Celery w/ Ranch Fresh Fruit Variety 100% Fruit Juice</p> | |
| <p>7 Cheeseburger Sunchips Green Beans Chilled Fruit Variety Dragon Punch</p> | <p>8 Southwest Cheesy Pull-Apart w/ Salsa Mexicali Corn Perfect Pinto Beans Chilled Fruit Variety 100% Fruit Juice</p> | <p>9 Ham & Cheese Sandwich Dill Pickle Spears Veggies w/ Ranch Chilled Fruit Variety Frozen Fruit Sidekick</p> | <p>10 Hot Dog Baked Beans Coleslaw Fresh Fruit Variety 100% Fruit Juice</p> | <p>11 Deli Sub Dill Pickle Spears Carroteenies w/ Ranch Fresh Fruit Variety Sunset Sip</p>  |
| <p>14 BBQ Chicken Nachos Glazed Carrots Green Beans Chilled Fruit Variety BE MINE Sidekick</p>  | <p>15 Grilled Cheese Steamed Broccoli Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice</p> | <p>16 Turkey & Cheese Croissant Dill Pickle Spears Veggies w/ Ranch Chilled Fruit Variety Frozen Fruit Sidekick</p> | <p>17 Chicken Sandwich Green Beans Buttery Corn Fresh Fruit Variety 100% Fruit Juice</p> | <p>18 Deli Sub Baked Beans Celery w/ Ranch Fresh Fruit Variety Sunset Sip</p> |
| <p>21 </p> | <p>2/22/22 22 Taco Stick Chips & Salsa Celery w/ Ranch Chilled Fruit Variety 100% Fruit Juice</p> | <p>23 Sloppy Joe Broccoli w/ Ranch Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice</p> | <p>24 Italian Cheesy Pull-Apart Marinara Sauce Black-eyed Peas Fresh Fruit Variety 100% Fruit Juice</p> | <p>25 Deli Sub Dill Pickle Spears Celery w/ Ranch Fresh Fruit Variety 100% Fruit Juice</p> |
| <p>28 Cheeseburger Sunchips Green Beans Chilled Fruit Variety Dragon Punch</p> |  | | | |

Student meals are served at no cost.
Adult Lunch: \$4.00

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.