

**Haywood County Schools Grades 9-12**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Student meals are served at no cost.**  
**Adult Lunch: \$4.00**

**Country Steak & Gravy 1**  
w/ Roll  
Mashed Potatoes  
Green Peas  
Chilled Fruit Variety  
100% Fruit Juice

**Vegetable Beef Soup 2**  
Grilled Cheese  
Buttery Corn  
Green Beans  
Chilled Fruit Variety  
100% Fruit Juice

**Spaghetti 3**  
Corn Bread  
Black-eyed Peas  
Turnip Greens  
Fresh Fruit Variety  
100% Fruit Juice

**SMART MOUTH 4**  
Italian Combo Pizza  
Garden Side Salad  
Carroteenies w/ Ranch  
Fresh Fruit  
Frozen Fruit Sidekick

**Cheeseburger 7**  
Seasoned Fries  
Green Beans  
Chilled Fruit Variety  
Frozen Fruit Sidekick

**Chicken Rotel Spaghetti 6**  
WG Roll  
Steamed Broccoli  
Sweet Potatoes  
Chilled Fruit Variety  
100% Fruit Juice

**Sloppy Joe 9**  
Pinto Beans  
Buttery Corn  
Chilled Fruit Variety  
Frozen Fruit Sidekick  
Sunset Sip

**Sack Lunch 10**  
Turkey & Cheese Sandwich  
Chips w/ Salsa  
Veggies w/ Ranch  
Fruit Cup  
Dragon Punch



**Beefy Nachos w/ Salsa 21**  
Perfect Pinto Beans  
Mexicali Corn  
Chilled Fruit Variety  
Frozen Fruit Sidekick

**BBQ Sandwich 22**  
Baked Beans  
Coleslaw  
Chilled Fruit Variety  
100% Fruit Juice

**Hot Dog 23**  
Seasoned Fries  
Cheesy Broccoli  
Chilled Fruit Variety  
100% Fruit Juice

**Turkey Roast w/ Gravy 24**  
WG Roll  
Mashed Potatoes & Peas  
Fresh Fruit Variety  
Sunset Sip

**SMART MOUTH 25**  
Italian Combo Pizza  
Garden Side Salad  
Carroteenies w/ Ranch  
Fresh Fruit  
Frozen Fruit Sidekick

**Chicken Sandwich 28**  
Ranch Fries  
Green Beans  
Chilled Fruit Variety  
Frozen Fruit Sidekick

**Country Steak & Gravy 29**  
w/ Roll  
Mashed Potatoes  
Green Peas  
Chilled Fruit Variety  
100% Fruit Juice

**Chicken & Waffles 30**  
Cheesy Broccoli  
Sweet Potatoes  
Chilled Fruit Variety  
Frozen Fruit Sidekick

**Spaghetti 31**  
Corn Bread  
Black-eyed Peas  
Turnip Greens  
Fresh Fruit Variety  
100% Fruit Juice



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily.

Due to supply chain issues, menu items are subject to change.

**This institution is an equal opportunity provider.**