

Haywood County Schools: HMS Menu

Monday

Student meals are served at no cost.
Adult Lunch: \$4.00

Tuesday

Wednesday

Thursday

Friday

7
Cheeseburger
Seasoned Fries
Pinto Beans
Chilled Fruit Variety
100% Fruit Juice

8
Vegetable Beef Soup
Grilled Cheese
Buttery Corn
Chilled Fruit Variety
100% Fruit Juice

9
Sloppy Joe
Sweet Potatoes
Green Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

10
Sack Lunch
Turkey & Cheese Sandwich
Chips w/ Salsa
Broccoli w/ Ranch
Fruit Cup
Dragon Punch



21
Quesadilla w/ Salsa
Perfect Pinto Beans
Mexicali Corn
Chilled Fruit Variety
100% Fruit Juice

22
BBQ Sandwich
Baked Beans
Coleslaw
Chilled Fruit Variety
100% Fruit Juice

23
Hot Dog
Seasoned Fries
Cheesy Broccoli
Chilled Fruit Variety
Frozen Fruit Sidekick

24
Turkey Roast w/ Gravy
WG Roll
Mashed Potatoes & Peas
Fresh Fruit Variety
100% Fruit Juice

25
Smart Mouth
Italian Combo Pizza
Green Beans
Carroteenies w/ Ranch
Fresh Fruit Variety
Frozen Fruit Sidekick

28
Chicken Rotel Spaghetti
WG Roll
Green Beans
Glazed Carrots
Chilled Fruit Variety
100% Fruit Juice

29
Country Steak & Gravy
w/ Roll
Mashed Potatoes
Green Peas
Chilled Fruit Variety
100% Fruit Juice

30
Chicken & Waffles
Cheesy Broccoli
Sweet Potatoes
Chilled Fruit Variety
Frozen Fruit Sidekick

31
Hot Dog
Ranch Fries
Baked Beans
Fresh Fruit Variety
100% Fruit Juice



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily.

Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.