

Haywood County Schools: SHIS Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.
Adult Lunch: \$4.00

Southwest Cheesy Pull-Apart w/ Salsa Mexicali Corn Perfect Pinto Beans Chilled Fruit Variety 100% Fruit Juice **1**

Ham & Cheese Sandwich Dill Pickle Spears Veggies w/ Ranch Chilled Fruit Variety Frozen Fruit Sidekick **2**

Hot Dog Baked Beans Coleslaw Fresh Fruit Variety 100% Fruit Juice **3**

Deli Sub Dill Pickle Spears Carroteenies w/ Ranch Fresh Fruit Variety Sunset Sip **4**

Cheeseburger Sunchips Green Beans Chilled Fruit Variety Dragon Punch **7**

Grilled Cheese Steamed Broccoli Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice **8**

Deli Sub Dill Pickle Spears Veggies w/ Ranch Chilled Fruit Variety Frozen Fruit Sidekick **9**

Sack Lunch Turkey & Cheese Sandwich Chips w/ Salsa Broccoli w/ Ranch Fruit Cup Dragon Punch **10**



Taco Stick Chips & Salsa Celery w/ Ranch Chilled Fruit Variety 100% Fruit Juice **21**

Sloppy Joe Broccoli w/ Ranch Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice **22**

Hot Dog Baked Beans Veggies w/ Ranch Chilled Fruit Variety 100% Fruit Juice **23**

Italian Cheesy Pull-Apart Marinara Sauce Green Beans Fresh Fruit Variety 100% Fruit Juice **24**

Deli Sub Dill Pickle Spears Celery w/ Ranch Fresh Fruit Variety 100% Fruit Juice **25**

Chicken Sandwich Sunchips Green Beans Chilled Fruit Variety Dragon Punch **28**

Southwest Cheesy Pull-Apart w/ Salsa Mexicali Corn Perfect Pinto Beans Chilled Fruit Variety 100% Fruit Juice **29**

Ham & Cheese Sandwich Dill Pickle Spears Veggies w/ Ranch Chilled Fruit Variety Frozen Fruit Sidekick **30**

Corn Dog Baked Beans Broccoli w/ Ranch Fresh Fruit Variety 100% Fruit Juice **31**



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily.

Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.