

Haywood County Schools Grades HMS Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Quesadilla w/ Salsa 2 Perfect Pinto Beans Glazed Carrots Chilled Fruit Variety 100% Fruit Juice</p>	<p>Turkey Roast w/ Gravy 3 WG Roll Mashed Potatoes & Peas Chilled Fruit Variety 100% Fruit Juice</p>	<p>Hot Dog 4 Seasoned Fries Cheesy Broccoli Chilled Fruit Variety Frozen Fruit Sidekick</p>	<p>BBQ Sandwich 5 Baked Beans Coleslaw Fresh Fruit Variety 100% Fruit Juice</p>	<p>Smart Mouth 6 Cheese or Pepperoni Pizza Green Beans Mixed Veggies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick</p>
<p>Chicken Rotel Spaghetti 9 WG Roll Green Beans Glazed Carrots Chilled Fruit Variety 100% Fruit Juice</p>	<p>Corn Dog 10 Ranch Fries Baked Beans Chilled Fruit Variety 100% Fruit Juice</p>	<p>Chicken & Waffles 11 Cheesy Broccoli Sweet Potatoes Chilled Fruit Variety Frozen Fruit Sidekick</p>	<p>Country Steak & Gravy 12 w/ Roll Mashed Potatoes Green Peas Fresh Fruit Variety 100% Fruit Juice</p>	<p>Smart Mouth 13 Cheese or Pepperoni Pizza Green Beans Mixed Veggies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick</p>
<p>Cheeseburger 16 Seasoned Fries Baked Beans Chilled Fruit Variety 100% Fruit Juice</p>	<p>Spaghetti 17 WG Roll Turnip Greens Buttery Corn Chilled Fruit Variety 100% Fruit Juice</p>	<p>Sloppy Joe 18 Sweet Potatoes Green Beans Chilled Fruit Variety Frozen Fruit Sidekick</p>	<p>"Lunchable" 19 Fresh Fruit Variety 100% Fruit Juice</p>	<p>Smart Mouth 20 Cheese or Pepperoni Pizza California Veggies Mixed Veggies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick</p>
<p>Cafeteria Manager's 23 Choice </p>	<p>Cafeteria Manager's 24 Choice </p>	<p>Cafeteria Manager's 25 Choice </p>	<p>Cafeteria Manager's 26 Choice </p>	<p>27  REPORT CARD</p>



Student meals are served at no cost.
Adult Lunch: \$4.00

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.