



# BREAKFAST

# OCTOBER 2023

## Haywood County Schools Grades 9-12 Menu



### Monday

**2**  
 Pancake Sausage Stick  
 or  
 Poptart Variety  
 Chilled Fruit Choice  
 100% Fruit Juice 4 oz.

### Tuesday

**3**  
 Strawberry Smoothie  
 Breakfast Bar Variety  
 Chilled Fruit Variety  
 100% Fruit Juice 4 oz.

### Wednesday

**4**  
 Chicken & Biscuit  
 or  
 Honey Bun  
 Chilled Fruit Choice  
 100% Fruit Juice 4 oz.

### Thursday

**5**  
 Pear Smoothie  
 Crunchmania  
 Fresh Fruit Choice  
 100% Fruit Juice 4 oz.

### Friday

**6**  
  
 Professional Development  
 for Teachers

**9**  
**Fall Break**  
 NO SCHOOL!

**10**  
**Fall Break**  
 NO SCHOOL!

**11**  
**Fall Break**  
 NO SCHOOL!

**12**  
**Fall Break**  
 NO SCHOOL!

**13**  
**Fall Break**  
 NO SCHOOL!

**16**  
 Breakfast Pizza  
 or  
 Poptart Variety  
 Chilled Fruit Choice  
 100% Fruit Juice 4 oz.

**17**  
 Strawberry Smoothie  
 Donut Variety  
 Chilled Fruit Variety  
 100% Fruit Juice 4 oz.

**18**  
 Sausage & Biscuit  
 or  
 Honey Bun  
 Chilled Fruit Choice  
 100% Fruit Juice 4 oz.

**19**  
 Pear Smoothie  
 Blueberry Muffin (4oz.)  
 Fresh Fruit Choice  
 100% Fruit Juice 4 oz.

**20**  
 Chocolate Crescent  
 Fresh Fruit Choice  
 100% Fruit Juice 4 oz.

**23**  
 Pancake Sausage Stick  
 or  
 Poptart Variety  
 Chilled Fruit Choice  
 100% Fruit Juice 4 oz.

**24**  
 Strawberry Smoothie  
 Breakfast Bar Variety  
 Chilled Fruit Variety  
 100% Fruit Juice 4 oz.

**25**  
 Chicken & Biscuit  
 or  
 Honey Bun  
 Chilled Fruit Choice  
 100% Fruit Juice 4 oz.

**26**  
 Pear Smoothie  
 Crunchmania  
 Fresh Fruit Choice  
 100% Fruit Juice 4 oz.

**27**  
 Apple Frudel  
 Fresh Fruit Choice  
 100% Fruit Juice 4 oz.

**30**  
 Breakfast Pizza  
 or  
 Poptart Variety  
 Chilled Fruit Choice  
 100% Fruit Juice 4 oz.

**31**  
 Strawberry Smoothie  
 Donut Variety  
 Chilled Fruit Variety  
 100% Fruit Juice 4 oz.

Student meals are served at no cost.  
 Adult Breakfast: \$3.00



To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a fruit.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. A choice of white and flavored 1 % milk will be offered daily. Due to supply chain issues, menu items are subject to change.

**This institution is an equal opportunity provider.**