

OCTOBER 2023



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Haywood County Schools Grades 9-12 Menu

Monday

Cheeseburger Seasoned Fries **Green Beans Chilled Fruit Variety** 100% Fruit Juice

Tuesday

Mexican Fiestada w/ Salsa **Buttery Corn Perfect Pinto Beans Fresh Fruit Variety** 100% Fruit Juice

Wednesday

Corn Dog Glazed Carrots Black-eyed Peas Fresh Fruit Variety 100% Fruit Juice

Thursday



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Half Day- Sack Lunch

Friday



16 **Hot Dog Seasoned Fries Cheesy Broccoli Chilled Fruit Variety** 100% Fruit Juice

Chicken Sandwich 23 Ranch Fries **Green Beans Chilled Fruit Variety** 100% Fruit Juice

Cheeseburger 30 **Seasoned Fries Green Beans Chilled Fruit Variety** 100% Fruit Juice



Beefy Nachos Salsa **Perfect Pinto Beans Buttery Corn Chilled Fruit Variety** Frozen Fruit Sidekick

Country Steak & Grav w/ Roll **Mashed Potatoes Green Peas Chilled Fruit Variety** Frozen Fruit Sidekick

Mexican Fiestada 🚹 w/ Salsa **Buttery Corn Perfect Pinto Beans** Fresh Fruit Variety 100% Fruit Juice



Pork Rib Patty On Bun 1 8 **Baked Beans California Mixed Veggies Chilled Fruit Variety** 100% Fruit Juice

Chicken & Waffles 25 **Cheesy Broccoli Sweet Potatoes Chilled Fruit Variety** 100% Fruit Juice



Italian Sausage Pizza O Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Frozen Fruit Sidekick

Italian Sausage Pizzan/ Garden Side Salad Carroteenies w/ Ranch Sunset Sip Fresh Fruit Frozen Fruit Sidekick

Adult Lunch: \$4.00



Popcorn Chicken Bowl w/ Biscuit **Cheesy Broccoli Sweet Potatoes Chilled Fruit Variety Frozen Fruit Sidekick**

> Spaghetti 27 WG Roll **Black-eved Peas Turnip Greens** Fresh Fruit Variety 100% Fruit Juice

Student meals are served at no cost.

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.