BREAKFAST

SEPTEMBER 2023

Haywood County Schools: HMS Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
			served Adult	nt meals are l at no cost. Breakfast: \$3.00	Chocolate Crescent or Cereal Variety Fresh Fruit Choice 100% Fruit Juice 4 oz.
	JAPPY LABOUR DAY	Strawberry Smoothie 5 Breakfast Bar Variety Chilled Fruit Variety 100% Fruit Juice 4 oz.	Chicken & Biscuit or Honey Bun Chilled Fruit Choice 100% Fruit Juice 4 oz.	Pear Smoothie Crunchmania Fresh Fruit Choice 100% Fruit Juice 4 oz.	Apple Frudel 8 or Cereal Variety Fresh Fruit Choice 100% Fruit Juice 4 oz.
7	Breakfast Pizza or Cereal Variety Chilled Fruit Choice 100% Fruit Juice 4 oz.	Strawberry Smoothie 2 Donut Variety Chilled Fruit Variety 100% Fruit Juice 4 oz.	Sausage & Biscuit or Poptart Chilled Fruit Choice 100% Fruit Juice 4 oz.	Pear Smoothie 14 Blueberry Muffin (4oz.) Fresh Fruit Choice 100% Fruit Juice 4 oz.	Chocolate Crescent 15 or Cereal Variety Fresh Fruit Choice 100% Fruit Juice 4 oz.
	Pancake Sausage Stick 8 or Cereal Variety Chilled Fruit Choice 100% Fruit Juice 4 oz.	Strawberry Smoothie 19 Breakfast Bar Variety Chilled Fruit Variety 100% Fruit Juice 4 oz.	Chicken & Biscuit 20 or Honey Bun Chilled Fruit Choice 100% Fruit Juice 4 oz.	Pear Smoothie Crunchmania Fresh Fruit Choice 100% Fruit Juice 4 oz.	Apple Frudel 22 or Cereal Variety Fresh Fruit Choice 100% Fruit Juice 4 oz.
•	Breakfast Pizza or Cereal Variety Chilled Fruit Choice 100% Fruit Juice 4 oz. To make a reimb	Strawberry Smoothi 26 Donut Variety Chilled Fruit Variety 100% Fruit Juice 4 oz.	Sausage & Biscuit 27 or Poptart Chilled Fruit Choice 100% Fruit Juice 4 oz. ct at least 3 different food items.	Pear Smoothie 28 Blueberry Muffin (4oz.) Fresh Fruit Choice 100% Fruit Juice 4 oz. (At least one item must be a fruit.	Chocolate Crescent 29 or Cereal Variety Fresh Fruit Choice 100% Fruit Juice 4 oz.

select as many fruits and vegetables as offered, but multiple servings of the same will be

charged at a la carte pricing. A choice of white and flavored milk will be offered daily. A cereal variety will be offered daily.

Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.