

OCTOBER 2023



Haywood County Schools: Grades K-6 Menu

Monday

Cheeseburger
Seasoned Fries
Green Beans
Chilled Fruit Variety
100% Fruit Juice

Tuesday

Mexican Fiestada
Buttery Corn
Perfect Pinto Beans
Fresh Fruit Variety
100% Fruit Juice

Wednesday

Corn Dog Glazed Carrots Black-eyed Peas Fresh Fruit Variety 100% Fruit Juice

Thursday



5

26

Half Day- Sack Lunch

Fall Break

Hot Dog
Seasoned Fries
Cheesy Broccoli
Chilled Fruit Variety
100% Fruit Juice

Chicken Sandwich
Ranch Fries
Green Beans
Chilled Fruit Variety
100% Fruit Juice

Cheeseburger
Seasoned Fries
Green Beans
Chilled Fruit Variety
100% Fruit Juice



Beefy Nachos
Salsa
Perfect Pinto Beans
Buttery Corn
Chilled Fruit Variety
Frozen Fruit Sidekick

Country Steak & Gravy 2/2 w/ Roll
Mashed Potatoes
Green Peas
Chilled Fruit Variety
Frozen Fruit Sidekick

Mexican Fiestada
Buttery Corn
Perfect Pinto Beans
Fresh Fruit Variety
100% Fruit Juice



Pork Rib Patty On Bun 18
Baked Beans
California Mixed Veggies
Chilled Fruit Variety
100% Fruit Juice

Chicken & Waffles
Cheesy Broccoli
Sweet Potatoes
Chilled Fruit Variety
100% Fruit Juice



Popcorn Chicken Bowl 9
w/ Biscuit
Buttery Corn
Mashed Potatoes
Chilled Fruit Variety
Frozen Fruit Sidekick

Spaghetti
WG Roll
Black-eyed Peas
Turnip Greens
Fresh Fruit Variety
100% Fruit Jui

Student meals are served at no cost.

Adult Lunch: \$4.00

Friday





Pizza
Garden Side Salad
Carroteenies w/ Ranch
Fresh Fruit
Frozen Fruit Sidekick

Pizza
Garden Side Salad
Carroteenies w/ Ranch
Fresh Fruit
Frozen Fruit Sidekick

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered