

## **SEPTEMBER 2023**



## **Haywood County Schools Grades K-6 Menu**

	Monday	Tuesday	Wednesday	Thursday	Friday
				Student meals are served at no cost.	Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Frozen Fruit Sidekick
	Happy LABOUR DAY	Cheeseburger Seasoned Fries Green Beans Chilled Fruit Variety Frozen Fruit Sidekick	Corn Dog Glazed Carrots Black-eyed Peas Chilled Fruit Variety 100% Fruit Juice	Deli Bistro Bòx Deli Sandwich Goldfish Broccoli or Celery Sticks w/ Ranch Dragon Punch Apple / Raisins Cinnamon Tiger Bites	Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Frozen Fruit Sidekick
7	Hot Dog Seasoned Fries Cheesy Broccoli Chilled Fruit Variety 100% Fruit Juice	Beefy Nachos Salsa Perfect Pinto Beans Buttery Corn Chilled Fruit Variety Frozen Fruit Sidekick	Pork Rib Patty On Bur Baked Beans California Mixed Veggies Chilled Fruit Variety 100% Fruit Juice	Chicken Nuggets w/ Roll Sweet Potatoes Green Beans Fresh Fruit Variety 100% Fruit Juice	Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Frozen Fruit Sidekick
	Chicken Sandwich Ranch Fries Green Beans Chilled Fruit Variety 100% Fruit Juice	Country Steak & Grave 19 w/ Roll Mashed Potatoes Green Peas Chilled Fruit Variety Frozen Fruit Sidekick	Chicken & Waffles Cheesy Broccoli Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice	Taco Pie Perfect Pinto Beans Buttery Corn Fresh Fruit Variety 100% Fruit Juice	Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Frozen Fruit Sidekick
~	Chick Pick Sandwich 25 California Blend Veggies Seasoned Fries Chilled Fruit Variety 100% Fruit Juice	Popcorn Chicken Bow/26 w/ Biscuit Cheesy Broccoli Sweet Potatoes Chilled Fruit Variety Frozen Fruit Sidekick	Mexican Fiestada Buttery Corn Perfect Pinto Beans Chilled Fruit Variety 100% Fruit Juice	Spaghetti WG Roll Black-eyed Peas Turnip Greens Fresh Fruit Variety 100% Fruit Juice	Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Frozen Fruit Sidekick

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% or fat free milk is offered daily.

Due to supply chain issues, menu items are subject to change.