

NOVEMBER 2023



Haywood County Schools: ESES Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.

Corn Dog Glazed Carrots Buttery Butter Beans Chilled Fruit Variety 100% Fruit Juice

Beefy Vegetable Soup **Grilled Cheese California Mixed Veggies Fresh Fruit Variety** 100% Fruit Juice

Pizza **Green Beans** Carroteenies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick

Chicken Sandwich Ranch Fries **Green Beans Chilled Fruit Variety** 100% Fruit Juice

NO SCHOOL TEACHER INSERVICE DAY

Pork Rib Patty On Bun 🤉 **Baked Beans California Mixed Veggies Chilled Fruit Variety** 100% Fruit Juice

Spaghetti WG Roll **Black-eved Peas Turnip Greens** Fresh Fruit Variety 100% Fruit Juice

Pizza Green Beans Carroteenies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick

Hot Dog Seasoned Fries Buttery Butter Beans Chilled Fruit Variety 100% Fruit Juice

Country Steak & Gravy / w/ Roll **Mashed Potatoes Green Peas Chilled Fruit Variety** Frozen Fruit Sidekick

Chicken & Waffles 15 **Cheesy Broccoli Sweet Potatoes Chilled Fruit Variety** 100% Fruit Juice

22

Turkey & Dressing Cranberry Sauce Sweet Potatoes Green Beans Strawberries 100% Fruit Juice **Cookie Treat**

Pizza **Buttery Butter Beans** Carroteenies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick

20

23

Beefy Vegetable Soup 30 **Grilled Cheese California Mixed Veggies** Fresh Fruit Variety 100% Fruit Juice

Cheeseburger Seasoned Fries **Green Beans Chilled Fruit Variety** 100% Fruit Juice

Mexican Fiestada Buttery Corn Perfect Pinto Beans Chilled Fruit Variety 100% Fruit Juice

29 Corn Dog **Glazed Carrots Buttery Butter Beans Chilled Fruit Variety** 100% Fruit Juice

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.