

# **NOVEMBER 2023 Haywood County Schools HMS Menu**



## Monday

### **Tuesday**

#### Wednesday

## **Thursday**

## **Friday**

Student meals are served at no

cost.

**Corn Dog Glazed Carrots Buttery Butter Beans Chilled Fruit Variety** 100% Fruit Juice

Beefy Vegetable Soup ? **Grilled Cheese California Mixed Veggies Fresh Fruit Variety** 100% Fruit Juice

Pepperoni Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick

**Chicken Sandwich** Ranch Fries **Green Beans Chilled Fruit Variety** 100% Fruit Juice

NO SCHOOL TEACHER INSERVICE DAY

Pork Rib Patty On Bun 🤉 **Baked Beans California Mixed Veggies Chilled Fruit Variety** 100% Fruit Juice

**Turkey & Dressing Cranberry Sauce Sweet Potatoes Green Beans** Strawberries 100% Fruit Juice **Cookie Treat** 

Cheeseburger Fries **Cheesy Broccoli** Fresh Fruit Variety Frozen Fruit Sidekick **Sunset Sip** 

13 **Hot Dog Seasoned Fries Buttery Butter Beans Chilled Fruit Variety** 100% Fruit Juice

Country Steak & Gravy / w/ Roll **Mashed Potatoes Green Peas Chilled Fruit Variety** Frozen Fruit Sidekick

Chicken & Waffles 15 **Cheesy Broccoli Sweet Potatoes Chilled Fruit Variety** 100% Fruit Juice

22

16 Spaghetti WG Roll **Black-eyed Peas Turnip Greens** Fresh Fruit Variety 100% Fruit Juice

Pepperoni Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick

20

**Green Beans** 

Cheeseburger **Mexican Fiestada** w/ Salsa Seasoned Fries **Buttery Corn** Perfect Pinto Beans **Chilled Fruit Variety** 100% Fruit Juice **Chilled Fruit Variety** 

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29 Corn Dog **Glazed Carrots Butter Beans Chilled Fruit Variety** 100% Fruit Juice

Beefy Vegetable Soup 30 **Grilled Cheese California Mixed Veggies** Fresh Fruit Variety 100% Fruit Juice



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.