LUNCH

DECEMBER 2023
Haywood County Schools: HMS Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Student meals are served at no cost.		**1** Cheese Stick Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick
4 Chicken Sandwich Ranch Fries Green Beans Chilled Fruit Variety 100% Fruit Juice	**5** Taco Soup Tortilla Chips w/ Salsa Buttery Corn Chilled Fruit Variety Frozen Fruit Sidekick Sunset Sip	**6** Pork Rib Patty On Bun Baked Beans California Mixed Veggies Chilled Fruit Variety 100% Fruit Juice	**7** Spaghetti WG Roll Black-eyed Peas Turnip Greens Fresh Fruit Variety 100% Fruit Juice	**8** Cheese Stick Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick
11 Hot Dog Seasoned Fries Buttery Butter Beans Chilled Fruit Variety 100% Fruit Juice	**12** Country Steak & Gravy w/ Roll Mashed Potatoes Green Peas Chilled Fruit Variety Frozen Fruit Sidekick	**13** Chicken & Waffles Cheesy Broccoli Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice	**14** Chili Fritos/Crackers Corn Sunset Sip Fresh Fruit Variety 100% Fruit Juice	**15** Cheese Stick Pizza Garden Side Salad Carroteenies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick
18 Cheeseburger Seasoned Fries Green Beans Chilled Fruit Variety 100% Fruit Juice	**19** Mexican Fiestada w/ Salsa Buttery Corn Perfect Pinto Beans Chilled Fruit Variety 100% Fruit Juice	**20** ½ Day Sack Lunch	*Happy Holidays*	*Happy Holidays*
Happy Holidays	*Happy Holidays*	*Happy Holidays*	*Happy Holidays*	*Happy Holidays*

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.