

JANUARY 2024 Haywood County Schools: HMS Menu



Monday Tuesday **Friday** Wednesday **Thursday** Winter Winter Winter Winter Winter Preak]reak)reak)reak Spaghetti Pepperoni Pizza Chicken Bacon Ranch ? Chicken Sandwich 10 11 Cheeseburger WG Roll Pizza Broccoli w/ Cheese **Seasoned Fries Sweet Potatoes Black-eyed Peas Green Beans California Mixed Veggies Green Beans Butter Beans** Carroteenies w/ Ranch **Turnip Greens Chilled Fruit Variety Chilled Fruit Variety Chilled Fruit Variety** Fresh Fruit Variety Fresh Fruit Variety 100% Fruit Juice 100% Fruit Juice Frozen Fruit Sidekick Frozen Fruit Sidekick 100% Fruit Juice Rotel Chicken Spaghetti7 Frito Chili Pie Chicken Bacon Ranch o Country Steak & Gravv16 18 MARTIN WG Roll Pizza WG Roll Corn **Cheesy Broccoli** Green Beans Sunset Sip **Mashed Potatoes Sweet Potatoes** Carroteenies w/ Ranch Fresh Fruit Variety **Green Peas Chilled Fruit Variety** Fresh Fruit Variety **Chilled Fruit Variety** 100% Fruit Juice Frozen Fruit Sidekick Frozen Fruit Sidekick 100% Fruit Juice Pepperoni Pizza **BBQ Sandwich** Chicken Bacon Ranch 24 Beefy Vegetable Soup 25 Hamburger Broccoli w/ Cheese **Creamy Slaw** Pizza Turkey & Cheese Sandwich **Seasoned Fries** Celery Sticks w/ Ranch **Green Beans Baked Beans California Mixed Veggies Green Beans Chilled Fruit Variety** Carroteenies w/ Ranch **Chilled Fruit Variety Chilled Fruit Variety** Fresh Fruit Variety 100% Fruit Juice Fresh Fruit Variety Frozen Fruit Sidekick 100% Fruit Juice 100% Fruit Juice Frozen Fruit Sidekick Pepperoni Pizza 30 29 Cheeseburger **Corn Dog** 31 Student meals Broccoli w/ Cheese Seasoned Fries **Baked Beans** are Celery Sticks w/ Ranch **Green Beans** California Mixed Veggies served at no **Chilled Fruit Variety Chilled Fruit Variety Chilled Fruit Variety** 100% Fruit Juice 100% Fruit Juice Frozen Fruit Sidekick

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.