

**Haywood County Schools: K-6 Menu**

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|--|--|---|--|--|
|  <p><b>5</b><br/>Hamburger<br/>Seasoned Fries<br/>Baked Beans<br/>Chilled Fruit Variety<br/>Frozen Fruit Sidekick</p> |  <p><b>6</b><br/>Pepperoni Pizza<br/>Broccoli w/ Cheese<br/>California Blend Veggies<br/>Fresh Fruit Variety<br/>100% Fruit Juice</p> |  <p><b>7</b><br/>Rotel Chicken Spaghetti<br/>WG Roll<br/>Butter Beans<br/>Sweet Potatoes<br/>Chilled Fruit Variety<br/>100% Fruit Juice</p> | <p><b>1</b><br/>Spaghetti<br/>WG Roll<br/>Black-eyed Peas<br/>Turnip Greens<br/>Fresh Fruit Variety<br/>100% Fruit Juice</p>                         | <p><b>2</b><br/>Cheese Pizza<br/>Green Beans<br/>Carroteenies w/ Ranch<br/>Fresh Fruit Variety<br/>Frozen Fruit Sidekick</p>             |
| <p><b>12</b><br/>Cheeseburger<br/>Seasoned Fries<br/>Green Beans<br/>Chilled Fruit Variety<br/>Frozen Fruit Sidekick</p>   | <p><b>13</b><br/>Pepperoni Pizza<br/>Broccoli w/ Cheese<br/>California Blend Veggies<br/>Fresh Fruit Variety<br/>100% Fruit Juice</p>  | <p><b>14</b><br/>BBQ Sandwich<br/>Creamy Slaw<br/>Baked Beans<br/>Chilled Fruit Variety<br/>100% Fruit Juice<br/>Dragon Punch</p>   | <p><b>15</b><br/>Beefy Vegetable Soup<br/>Turkey &amp; Cheese Sandwich<br/>California Mixed Veggies<br/>Fresh Fruit Variety<br/>100% Fruit Juice</p> | <p><b>16</b><br/>Cheese Pizza<br/>Green Beans<br/>Carroteenies w/ Ranch<br/>Fresh Fruit Variety<br/>Frozen Fruit Sidekick</p>            |
|  <p><b>19</b></p>  | <p><b>20</b><br/>Pepperoni Pizza<br/>Broccoli w/ Cheese<br/>California Blend Veggies<br/>Fresh Fruit Variety<br/>100% Fruit Juice</p>  | <p><b>21</b><br/>Corn Dog<br/>Baked Beans<br/>Sweet Potatoes<br/>Chilled Fruit Variety<br/>100% Fruit Juice</p>   | <p><b>22</b><br/>Spaghetti<br/>WG Roll<br/>Black-eyed Peas<br/>Turnip Greens<br/>Fresh Fruit Variety<br/>100% Fruit Juice</p>                        | <p><b>23</b><br/>Cheese Pizza<br/>Green Beans<br/>Carroteenies w/ Ranch<br/>Fresh Fruit Variety<br/>Frozen Fruit Sidekick</p>            |
| <p><b>26</b><br/>Cheeseburger<br/>Seasoned Fries<br/>Green Beans<br/>Chilled Fruit Variety<br/>Frozen Fruit Sidekick</p>   | <p><b>27</b><br/>Pepperoni Pizza<br/>Broccoli w/ Cheese<br/>California Blend Veggies<br/>Fresh Fruit Variety<br/>100% Fruit Juice</p>  | <p><b>28</b><br/>Chicken Smackers<br/>WG Roll<br/>Sweet Potatoes<br/>Butter Beans<br/>Chilled Fruit Variety<br/>100% Fruit Juice</p>  | <p><b>29</b><br/>Frito Chili Pie<br/>Corn<br/>Fresh Fruit Variety<br/>100% Fruit Juice</p>   |  <p><b>Student meals are served at no cost.</b></p> |

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.

**This institution is an equal opportunity provider.**