

Haywood County Schools: HMS Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Corn Dog Baked Beans Buttery Corn Chilled Fruit Variety Frozen Fruit Sidekick	2 Pepperoni Pizza Cheesy Broccoli Carroteenies w/ Ranch Chilled Fruit Variety 100% Fruit Juice	3 Rotel Chicken Spaghetti WG Roll Butter Beans Sweet Glazed Carrots Or Bistro Box Chilled Fruit Variety 100% Fruit Juice	4 Hamburger Lettuce, Tomatoes, Pickles Ranch Fries California Mixed Veggies Fresh Fruit Variety Frozen Fruit Sidekick	5 Cheese Pizza Green Beans Mixed Veggies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick
8 Eclipse Snack Pack Turkey & Cheese Sandwich Sun Chips Mixed Veggies w/ Ranch Whole Orange Capri Sun or Sunset Sip Moon Pie	9 Pepperoni Pizza Cheesy Broccoli Carroteenies w/ Ranch Chilled Fruit Variety 100% Fruit Juice	10 BBQ Sandwich Baked Beans Coleslaw Or Bistro Box Chilled Fruit Variety 100% Fruit Juice	11 Cheeseburger Lettuce, Tomatoes, Pickles Seasoned Fries California Mixed Veggies Fresh Fruit Variety Frozen Fruit Sidekick	12 Cheese Pizza Green Beans Mixed Veggies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick
15 Chicken Tenders Mac & Cheese Buttery Corn Green Beans Chilled Fruit Variety 100% Fruit Juice	16 Pepperoni Pizza Cheesy Broccoli Carroteenies w/ Ranch Chilled Fruit Variety 100% Fruit Juice	17 Spaghetti WG Roll Black-eyed Peas Turnip Greens Or Bistro Box Fresh Fruit Variety 100% Fruit Juice	18 Hamburger Lettuce, Tomatoes, Pickles Ranch Fries Baked Beans Fresh Fruit Variety Frozen Fruit Sidekick	19 Cheese Pizza Green Beans Mixed Veggies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick
22 Hotdog Baked Beans Buttery Corn Chilled Fruit Variety Frozen Fruit Sidekick	23 Pepperoni Pizza Cheesy Broccoli Carroteenies w/ Ranch Chilled Fruit Variety 100% Fruit Juice	24 Rotel Chicken Spaghetti WG Roll Butter Beans Sweet Glazed Carrots Or Bistro Box Chilled Fruit Variety 100% Fruit Juice	25 Bacon Cheeseburger Lettuce, Tomatoes, Pickles Seasoned Fries California Mixed Veggies Fresh Fruit Variety Frozen Fruit Sidekick	26 Cheese Pizza Green Beans Mixed Veggies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick
29 Popcorn Chicken Bowl w/ Biscuit Dragon Punch Chilled Fruit Variety Frozen Fruit Sidekick	30 Pepperoni Pizza Cheesy Broccoli Carroteenies w/ Ranch Chilled Fruit Variety 100% Fruit Juice	Deli Bistro Box Deli Sandwich Goldfish or Chips Carroteenies & Celery Sticks w/ Ranch Dragon Punch Fruit Variety Raisins		Student meals are served at no cost.

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.

