

## Haywood County Schools: HMS Menu

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



Student meals are served at no cost.  
Staff Lunch: \$4.00  
Visitor Lunch: \$5.00

**HALF DAY**  
Sack Lunch

**5**  
Beefy Nachos  
Salsa  
Perfect Pinto Beans  
Buttery Corn  
Chilled Fruit Variety  
100% Fruit Juice

**6**  
Chicken Rotel Spaghetti  
WG Breadstick  
Steamed Broccoli  
Sweet Potatoes  
Chilled Fruit Variety  
Frozen Fruit Sidekick

**7**  
Corn Dog  
Glazed Carrots  
Butter Beans  
Chilled Fruit Variety  
100% Fruit Juice

**8**  
Cheeseburger  
Lettuce, Tomatoes, Pickles  
Seasoned Fries  
Green Beans  
Fresh Fruit Variety  
Frozen Fruit Sidekick

**9**  
Cheese or Pepperoni Pizza  
Garden Side Salad  
Celery Sticks w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

**12**  
Popcorn Chicken Bowl  
w/ Biscuit  
Green Beans  
Sweet Potatoes  
100% Fruit Juice

**13**  
Spaghetti  
WG Roll  
Black-eyed Peas  
Turnip Greens  
Chilled Fruit Variety  
Frozen Fruit Sidekick

**14**  
Pork Rib Patty On Bun  
Baked Beans  
Coleslaw  
Chilled Fruit Variety  
100% Fruit Juice

**15**  
Hot Dog  
Seasoned Fries  
Glazed Carrots  
Chilled Fruit Variety  
Fresh Fruit Variety  
Frozen Fruit Sidekick

**16**  
Cheese or Pepperoni Pizza  
Garden Side Salad  
Broccoli w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

**19**  
Country Steak & Gravy  
w/ Roll  
Mashed Potatoes  
Green Peas  
Chilled Fruit Variety  
100% Fruit Juice

**20**  
Chicken Tenders  
Mac & Cheese  
Glazed Carrots  
Broccoli  
Chilled Fruit Variety  
Frozen Fruit Sidekick

**21**  
Mexican Fiestada  
w/ Salsa  
Buttery Corn  
Perfect Pinto Beans  
Chilled Fruit Variety  
100% Fruit Juice

**22**  
Chicken Sandwich  
Lettuce, Tomatoes, Pickles  
California Mixed Veggies  
Green Beans  
Fresh Fruit Variety  
Frozen Fruit Sidekick

**23**  
Cheese or Pepperoni Pizza  
Garden Side Salad  
Carroteenies w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

**26**  
Beefy Nachos  
Salsa  
Perfect Pinto Beans  
Buttery Corn  
Chilled Fruit Variety  
100% Fruit Juice

**27**  
Chicken Rotel Spaghetti  
WG Breadstick  
Steamed Broccoli  
Sweet Potatoes  
Chilled Fruit Variety  
Frozen Fruit Sidekick

**28**  
Corn Dog  
Glazed Carrots  
Butter Beans  
Chilled Fruit Variety  
100% Fruit Juice

**29**  
Cheeseburger  
Lettuce, Tomatoes, Pickles  
Seasoned Fries  
Green Beans  
Fresh Fruit Variety  
Frozen Fruit Sidekick

**30**  
Cheese or Pepperoni Pizza  
Garden Side Salad  
Celery Sticks w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost.

Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% or fat free milk is offered daily.

Due to supply chain issues, menu items are subject to change.

**This institution is an equal opportunity provider.**