

## Haywood County Schools: SHIS Menu

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**Student meals are 1**  
served at no cost.

**Staff Breakfast: \$3.25**  
**Visitor Breakfast: \$3.50**

**2**  
Mini French Toast  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**5**  
Breakfast Bar Variety  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**6**  
Pancake Sausage Stick  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**7**  
Mini Strawberry Bagel  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**8**  
Chicken & Biscuit  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**9**  
Mini Waffles  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**12**  
Donut Variety  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**13**  
Apple Frudel  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**14**  
Crunchmania  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**15**  
Sausage & Biscuit  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**16**  
Mini French Toast  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**19**  
Breakfast Bar Variety  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**20**  
Pancake Sausage Stick  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**21**  
Mini Strawberry Bagel  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**22**  
Chicken & Biscuit  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**23**  
Mini Waffles  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**26**  
Donut Variety  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**27**  
Apple Frudel  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**28**  
Crunchmania  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.  
Choice of Milk

**29**  
Sausage & Biscuit  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

**30**  
Mini French Toast  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.  
Choice of Milk

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a fruit.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. A choice of white and flavored milk will be offered daily.

Due to supply chain issues, menu items are subject to change.

**This institution is an equal opportunity provider.**