

Breakfast Bar Variet 30

or Cereal Variety 2 oz.

**Chilled Fruit Variety** 

100% Fruit Juice 4 oz.

## **SEPTEMBER 2024**



## **Haywood County Schools: HMS Menu**

	Monday	Tuesday	Wednesday	Thursday	Friday
	LABOR DAY	Pancake Sausage Stick3 or Poptart Variety (1ct.) Chilled Fruit Variety 100% Fruit Juice 4 oz.	Apple Frudel or Cereal Variety 2 oz. Chilled Fruit Variety 100% Fruit Juice 4 oz.	Ham & Cheese Croissan5 or Honey Bun Fresh Fruit Choice 100% Fruit Juice 4 oz.	Mini Waffles or Cereal Variety 2 oz. Fresh Fruit Choice 100% Fruit Juice 4 oz.
	Donut Variety or Cereal Variety 2 oz. Chilled Fruit Variety 100% Fruit Juice 4 oz.	French Toast Sticks or Poptart Variety (1ct.) Chilled Fruit Variety 100% Fruit Juice 4 oz.	Mini Cinnis or Cereal Variety 2 oz. Chilled Fruit Variety 100% Fruit Juice 4 oz.	Sausage & Biscuit or Cinnamon Roll Fresh Fruit Choice 100% Fruit Juice 4 oz.	Mini French Toast or Cereal Variety 2 oz. Fresh Fruit Choice 100% Fruit Juice 4 oz.
O	Breakfast Bar Variety  Or  Cereal Variety 2 oz.  Chilled Fruit Variety  100% Fruit Juice 4 oz.	Pancake Sausage Sti or Poptart Variety (1ct.) Chilled Fruit Variety 100% Fruit Juice 4 oz.	Apple Frudel or Cereal Variety 2 oz. Chilled Fruit Variety 100% Fruit Juice 4 oz.	Ham & Cheese Croissa or Honey Bun Fresh Fruit Choice 100% Fruit Juice 4 oz.	Mini Waffles or Cereal Variety 2 oz. Fresh Fruit Choice 100% Fruit Juice 4 oz.
	Donut Variety or Cereal Variety 2 oz. Chilled Fruit Variety 100% Fruit Juice 4 oz.	French Toast Sticks  or  Poptart Variety (1ct.)  Chilled Fruit Variety  100% Fruit Juice 4 oz.	Mini Cinnis or Cereal Variety 2 oz. Chilled Fruit Variety 100% Fruit Juice 4 oz.	Sausage & Biscuit 26 or Cinnamon Roll Fresh Fruit Choice 100% Fruit Juice 4 oz.	Mini French Toast or Cereal Variety 2 oz. Fresh Fruit Choice 100% Fruit Juice 4 oz.

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a fruit.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. A choice of white and flavored milk will be offered daily.

Due to supply chain issues, menu items are subject to change.

Student meals are served at no cost.

Staff Breakfast: \$3.25

Visitor Breakfast: \$3.50