

# **OCTOBER 2024**



# **Haywood County Schools: K6 Menu**

## Monday

Student meals are served at no cost.
Staff Lunch: \$4.00
Visitor Lunch: \$5.00

#### Tuesday

Mexican Fiestada
Buttery Corn
Perfect Pinto Beans
Chilled Fruit Variety
Frozen Fruit Sidekick

## Wednesday

w/ Roll
Mashed Potatoes
Green Peas
Chilled Fruit Variety
100% Fruit Juice

# Thursday



### Friday





Cheesy Omelet
Sausage Patty
Biscuit w/ Jelly
Hash Brown
Dragon Punch
Chilled Fruit Variety

Chicken & Waffles Green Beans
Sweet Potatoes
Chilled Fruit Variety
100% Fruit Juice

Chicken Tenders
Mac & Cheese
Glazed Carrots
Broccoli
Chilled Fruit Variety
100% Fruit Juice



Chicken Smackers
Cheesy Broccoli
Sweet Potatoes
Chilled Fruit Variety
Frozen Fruit Sidekick

Spaghetti
WG Roll
Black-eyed Peas
Turnip Greens
Chilled Fruit Variety
Frozen Fruit Sidekick

Mexican Fiestada Buttery Corn Perfect Pinto Beans Chilled Fruit Variety Frozen Fruit Sidekick



Corn Dog
Glazed Carrots
Baked Beans
Chilled Fruit Variety
100% Fruit Juice

Hot Dog
Seasoned Fries
Glazed Carrots
Chilled Fruit Variety
100% Fruit Juice

Beef Fingers w/ Gravy 30 w/ Roll
Mashed Potatoes
Green Peas
Chilled Fruit Variety
100% Fruit Juice



Cheeseburger
Seasoned Fries
Green Beans
Fresh Fruit Variety
100% Fruit Juice

Pork Rib Patty On Bun24
Baked Beans
Coleslaw
Fresh Fruit Variety
100% Fruit Juice

Chicken Sandwich
Ranch Fries
Green Beans
Fresh Fruit Variety
100% Fruit Juice



Pepperoni Pizza
California Mixed Veggies
Mixed Veggies w/ Ranch
Fresh Fruit Variety
Frozen Fruit Sidekick

Cheese Pizza

California Mixed Veggies

Broccoli w/ Ranch

Fresh Fruit Variety

Frozen Fruit Sidekick



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and mile. A prinimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% or fat free milk is offered daily.

Due to supply chain issues, menu items are subject to change.