

Haywood County Schools Grades HMS

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Smackers(10 pcs.) Cheesy Broccoli Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice	3 Chili Fritos (1 oz.) Crackers (2 pkg.) Corn California Mixed Veggies Chilled Fruit Variety Frozen Fruit Sidekick	4 Corn Dog Glazed Carrots Baked Beans Chilled Fruit Variety 100% Fruit Juice	5 Cheeseburger Lettuce, Tomatoes, Pickles Seasoned Fries Green Beans Fresh Fruit Variety 100% Fruit Juice	6 Cheese or Pepperoni Pizza Garden Side Salad Celery Sticks (1/2 cup) w/ Ranch Sunset Sip Fresh Fruit Variety Frozen Fruit Sidekick
9 Chicken Tenders Mac & Cheese Glazed Carrots Broccoli Chilled Fruit Variety 100% Fruit Juice	10 Mexican Fiestada Buttery Corn Perfect Pinto Beans Chilled Fruit Variety Frozen Fruit Sidekick	11 Country Steak & Gravy w/ Roll (1.5 oz.) Mashed Potatoes Green Peas Chilled Fruit Variety 100% Fruit Juice	12 Chicken Sandwich Seasoned Fries Green Beans Fresh Fruit Variety 100% Fruit Juice	13 Cheese or Sausage Pizza California Mixed Veggies Carroteenies w/ Ranch Fresh Fruit Variety Frozen Fruit Sidekick
16 Chicken & Waffle (1) Green Beans Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice	17 Spaghetti WG Roll Black-eyed Peas Turnip Greens Chilled Fruit Variety Frozen Fruit Sidekick	18 Pork Rib Patty On Bun Baked Beans Seasoned Fries Fresh Fruit Variety 100% Fruit Juice	19 Hot Dog Green Beans Glazed Carrots Fresh Fruit Variety Frozen Fruit Sidekick	20 Deli Sub Sun Chips Celery Sticks (1/2 cup) w/ Ranch Dragon Punch Fresh Fruit Variety Raisins



Student meals are served at no cost.
 Staff Lunch: \$4.00
 Visitor Lunch: \$5.00

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.