


Haywood County Schools: HMS Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Powdered Donuts 3 or Cereal Variety 2 oz. Chilled Pears 100% Fruit Juice 4 oz.	French Toast Sticks 4 or Poptart Variety (2ct.) Chilled Peaches 100% Fruit Juice 4 oz.	Apple Frudel 5 or Cereal Variety 2 oz. Chilled Fruit Cocktail 100% Fruit Juice 4 oz.	Ham & Cheese Croissant 5 or Cinnamon Roll Fresh Fruit Choice 100% Fruit Juice 4 oz.	Mini French Toast 7 or Cereal Variety 2 oz. Fresh Fruit Choice 100% Fruit Juice 4 oz.
Breakfast Bar Variety 10 or Cereal Variety 2 oz. Chilled Pears 100% Fruit Juice 4 oz.	Pancake Sausage Stick 11 or Poptart Variety (2ct.) Chilled Peaches 100% Fruit Juice 4 oz.	Mini Cinnis 12 or Cereal Variety 2 oz. Chilled Fruit Cocktail 100% Fruit Juice 4 oz.	Sausage & Biscuit 13 or Honey Bun Fresh Fruit Choice 100% Fruit Juice 4 oz.	Mini Waffles 14 or Cereal Variety 2 oz. Fresh Fruit Choice 100% Fruit Juice 4 oz.
	French Toast Sticks 18 or Poptart Variety (2ct.) Chilled Peaches 100% Fruit Juice 4 oz.	Apple Frudel 19 or Cereal Variety 2 oz. Chilled Fruit Cocktail 100% Fruit Juice 4 oz.	Ham & Cheese Croissant 20 or Cinnamon Roll Fresh Fruit Choice 100% Fruit Juice 4 oz.	Mini French Toast 21 or Cereal Variety 2 oz. Fresh Fruit Choice 100% Fruit Juice 4 oz.
Breakfast Bar Variety 24 or Cereal Variety 2 oz. Chilled Pears 100% Fruit Juice 4 oz.	Pancake Sausage Stick 25 or Poptart Variety (2ct.) Chilled Peaches 100% Fruit Juice 4 oz.	Mini Cinnis 26 or Cereal Variety 2 oz. Chilled Fruit Cocktail 100% Fruit Juice 4 oz.	Sausage & Biscuit 27 or Honey Bun Fresh Fruit Choice 100% Fruit Juice 4 oz.	Mini Waffles 28 or Cereal Variety 2 oz. Fresh Fruit Choice 100% Fruit Juice 4 oz.

Student meals are served at no cost.

Staff Breakfast: \$3.25
 Visitor Breakfast: \$3.50

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a fruit.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. Assorted milk options will be offered daily. A 2oz. cereal may be offered as another grain option. Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.