

Haywood County Schools: HMS Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken & Waffles (2) 3 Green Beans Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice</p>	<p>Rotel Chicken Spaghetti 4 WG Roll Black-eyed Peas Turnip Greens Chilled Fruit Variety Frozen Fruit Sidekick</p>	<p>Bacon Cheeseburger 5 Baked Beans Seasoned Fries Chilled Fruit Variety 100% Fruit Juice</p>	<p>Deli Bistro Box 6 Dragon Punch Fresh Fruit Variety</p>	<p>Cheese or Pepperoni Pizza 7 Garden Side Salad Broccoli w/ Ranch Sunset Sip Fresh Fruit Variety Frozen Fruit Sidekick</p>
<p>BBQ Chicken Nachos 10 Sweet Potatoes Baked Beans Chilled Fruit Variety 100% Fruit Juice</p>	<p>Chili Dog 11 Cheesy Broccoli Seasoned Fries Chilled Fruit Variety Frozen Fruit Sidekick</p>	<p>Southwest Cheesy 12 Pull-Apart Perfect Pinto Beans Buttery Corn Chilled Fruit Variety 100% Fruit Juice</p>	<p>Sack Lunch ½ Day 13 </p>	<p>PROFESSIONAL DEVELOPMENT </p>
<p>Spring BREAK</p>				
<p>Chicken Tenders (2) 24 Mac & Cheese Glazed Carrots Broccoli Chilled Fruit Variety 100% Fruit Juice</p>	<p>Chicken Quesadilla Wedge 25 Buttery Corn Perfect Pinto Beans Chilled Fruit Variety Frozen Fruit Sidekick</p>	<p>Country Steak & Gravy 26 w/ Roll Mashed Potatoes Green Peas Chilled Fruit Variety 100% Fruit Juice</p>	<p>Turkey & Dressing 27 Cranberry Sauce Sweet Potatoes Green Beans Fresh Fruit Variety 100% Fruit Juice</p>	<p>Cheeseburger 28 Lettuce, Tomatoes, Pickles Seasoned Fries Cucumbers w/ Ranch Fresh Fruit Variety 100% Fruit Juice</p>
<p>Chicken & Waffles (2) 31 Green Beans Sweet Potatoes Chilled Fruit Variety 100% Fruit Juice</p>	<p>Deli Bistro Box Deli Sandwich Goldfish Carroteenies & Celery Sticks w/ Ranch Dragon Punch Fresh Fruit Raisins</p>		<p>Student meals are served at no cost. Staff Lunch: \$4.00 Visitor Lunch: \$5.00</p>	

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.