

Monday
Tuesday
Wednesday
Thursday
Friday

Student meals are served at no cost.
 Staff Lunch: \$5.00
 Visitor Lunch: \$6.00



Country Steak & Gravy **1**
 w/ Roll
 Mashed Potatoes
 Green Peas
 Chilled Fruit Variety
 100% Fruit Juice

Half Day- Sack Lunch **2**

PARENT-TEACHER
 Conference

PROFESSIONAL
DEVELOPMENT

Fall Break
 NO SCHOOL!

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Cheesy Omelet **13**
 Sausage Patty
 Biscuit w/ Jelly
 Hash Brown Potato Cake
 Dragon Punch
 Chilled Fruit Variety

Ranch Parmesan Chicken **14**
 Pasta
 WG Roll
 Cheesy Broccoli
 Sweet Potatoes
 Chilled Fruit Variety

Corn Dog **15**
 Glazed Carrots
 Baked Beans
 Chilled Fruit Variety
 100% Fruit Juice

Hamburger or Cheeseburger **16**
 Lettuce, Tomatoes, Pickles
 Seasoned Fries
 Green Beans
 Fresh Fruit Variety
 Frozen Fruit Sidekick

Cheese or Pepperoni Pizza **17**
 Garden Side Salad
 Celery Sticks w/ Ranch
 Fresh Fruit Variety
 100% Fruit Juice

Chicken Strips **20**
 w/ Biscuit
 Green Beans
 Sweet Potatoes
 Chilled Fruit Variety
 100% Fruit Juice

Frito Chili Pie **21**
 Corn
 Butter Beans
 Chilled Fruit Variety
 Frozen Fruit Sidekick

Hot Dog or Chili Dog **22**
 Seasoned Fries
 Green Beans
 Chilled Fruit Variety
 100% Fruit Juice

Deli Sub **23**
 Lettuce, Tomatoes, Pickles
 Baked Beans
 Cheesy Broccoli
 Fresh Fruit Variety
 Frozen Fruit Sidekick

Italian Sausage Pizza **24**
 Garden Side Salad
 Carroteenies w/ Ranch
 Fresh Fruit Variety
 100% Fruit Juice

Chicken Tenders **27**
 Mac & Cheese
 Glazed Carrots
 Broccoli
 Chilled Fruit Variety
 100% Fruit Juice

Chicken Con Queso **28**
 Chips and Salsa
 Buttery Corn
 Perfect Pinto Beans
 Chilled Fruit Variety
 Frozen Fruit Sidekick

Country Steak & Gravy **29**
 w/ Roll
 Mashed Potatoes
 Green Peas
 Chilled Fruit Variety
 100% Fruit Juice

Nashville Hot Chicken **30**
 Sandwich or
 Chicken Sandwich
 Sweet Potatoes
 Green Beans
 Fresh Fruit Variety
 Frozen Fruit Sidekick

Cheese or Pepperoni Pizza **31**
 Garden Side Salad
 Mixed Veggies w/ Ranch
 Fresh Fruit Variety
 100% Fruit Juice

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% or fat free milk is offered daily.

Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.