



## BREAKFAST

JANUARY 2026

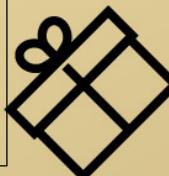
## Haywood County Schools: HMS Menu



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Monday

Student meals are served at no cost.  
Staff Breakfast: \$3.25  
Visitor Breakfast: \$3.50



Tuesday



Wednesday

HAPPY  
NEW  
YEAR

Thursday

1

WINTER  
BREAK

Friday

2

WINTER  
BREAK

Sunrise Bites  
or Cereal Vty.  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.

Bosco Stick w/ Marina  
or  
Poptart Variety (2ct.)  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.

Strawberry Filled Bag  
or Cereal Vty.  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.

Cinni Mini  
Strawberry Smoothie  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

Sausage & Biscuit  
or  
Cinnamon Roll  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.



Ham & Cheese Croissant  
or  
Poptart Variety (2ct.)  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.

French Toast Sticks  
or Cereal Vty.  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.

Mini Waffles  
Strawberry Smoothie  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

Pancake & Sausage St  
or  
Honey Bun  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

Sunrise Bites  
or Cereal Vty.  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.

Bosco Stick w/ Marina  
or  
Poptart Variety (2ct.)  
Chilled Fruit Variety  
100% Fruit Juice 4 oz.

Strawberry Filled Bag  
or Cereal Vty.  
Chilled Fruit Choice  
100% Fruit Juice 4 oz.

Cinni Mini  
Strawberry Smoothie  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

Sausage & Biscuit  
or  
Cinnamon Roll  
Fresh Fruit Choice  
100% Fruit Juice 4 oz.

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a fruit.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. A choice of white and flavored milk will be offered daily.

Due to supply chain issues, menu items are subject to change.

This institution is an equal opportunity provider.