



# JANUARY 2026

## Haywood County Schools: HMS Menu



**Monday**

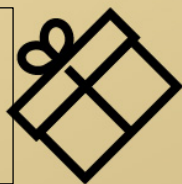
**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Student meals are served at no cost.  
Staff Lunch: \$5.00  
Visitor Lunch: \$6.00



HAPPY  
NEW  
YEAR



1



2



Beefy Vegetable Soup  
Grilled Cheese  
Cheesy Broccoli  
Sunset Sip  
Chilled Fruit Variety

7

Hamburger or Cheeseburger  
Seasoned Fries  
Green Beans  
Fresh Fruit Variety  
Frozen Fruit Sidekick

3

Cheese or Pepperoni Pizza  
California Mixed Veggies  
Carroteenies w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

2

Spaghetti  
WG Roll  
Black-eyed Peas  
Turnip Greens  
Chilled Fruit Variety  
100% Fruit Juice

12

Chili Stuffed Potato  
Roll  
Glazed Carrots  
Butter Beans  
Chilled Fruit Variety  
Frozen Fruit Sidekick

13

Hot Dog  
Seasoned Fries  
Baked Beans  
Chilled Fruit Variety  
Sunset Sip

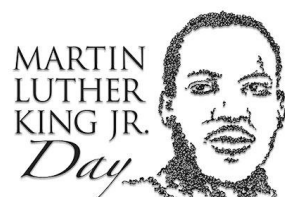
14

Chicken & Waffles  
Green Beans  
Sweet Potatoes  
Fresh Fruit Variety  
Frozen Fruit Sidekick

15

Chicken, Bacon, Ranch  
Pizza  
Cheesy Broccoli  
Carroteenies w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

16



Taco Soup  
Chips and Salsa  
Buttery Corn  
Perfect Pinto Beans  
Chilled Fruit Variety  
Frozen Fruit Sidekick

20

Country Steak & Gravy  
w/ Roll  
Mashed Potatoes  
Green Peas  
Chilled Fruit Variety  
100% Fruit Juice

21

Nashville Hot Chicken  
Sandwich or  
Chicken Sandwich  
Sweet Potatoes  
Green Beans  
Fresh Fruit Variety  
Frozen Fruit Sidekick

22

Cheese or Pepperoni Pizza  
California Mixed Veggies  
Carroteenies w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

23

BBQ Chicken Nachos  
Baked Beans  
Buttery Corn  
Chilled Fruit Variety  
100% Fruit Juice

26

Cheesy Omelet  
Sausage Patty  
Waffles w/ Syrup  
Hash Brown Potato Cakes  
Sunset Sip  
Chilled Fruit Variety

27

Beefy Vegetable Soup  
Grilled Cheese  
Cheesy Broccoli  
Sunset Sip  
Chilled Fruit Variety

28

Hamburger or Cheeseburger  
Seasoned Fries  
Green Beans  
Fresh Fruit Variety  
Frozen Fruit Sidekick

29

Chicken, Bacon, Ranch  
Pizza  
California Mixed Veggies  
Carroteenies w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

30

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a fruit.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. A choice of white and flavored milk will be offered daily.

Due to supply chain issues, menu items are subject to change.

**This institution is an equal opportunity provider.**