

## Haywood County Schools: HMS Menu

### Monday

Chicken Tenders **2**  
Mac & Cheese  
Glazed Carrots  
Broccoli  
Chilled Fruit Variety  
100% Fruit Juice

BBQ Chicken Nachos **9**  
Baked Beans  
Buttery Corn  
Chilled Fruit Variety  
100% Fruit Juice



Spaghetti **23**  
WG Roll  
Black-eyed Peas  
Turnip Greens  
Chilled Fruit Variety  
100% Fruit Juice

Crispy Chicken Drumstick **30**  
Mac & Cheese  
Glazed Carrots  
Broccoli  
Chilled Fruit Variety  
100% Fruit Juice

### Tuesday

Beefy Nachos **3**  
Salsa  
Buttery Corn  
Perfect Pinto Beans  
Chilled Fruit Variety  
Frozen Fruit Sidekick

Cheesy Omelet **10**  
Sausage Patty  
Waffles w/ Syrup  
Hash Brown Potato Cakes  
Chilled Fruit Variety  
Frozen Fruit Sidekick  
Sunset Sip



Chili Cheese Tots **24**  
Fritos  
Glazed Carrots  
Chilled Fruit Variety  
Frozen Fruit Sidekick

Beefy Nachos **31**  
Salsa  
Buttery Corn  
Perfect Pinto Beans  
Chilled Fruit Variety  
Frozen Fruit Sidekick

### Wednesday

Country Steak & Gravy **4**  
w/ Roll  
Mashed Potatoes  
Green Peas  
Chilled Fruit Variety  
100% Fruit Juice

Cheeseburger **11**  
Lettuce, Tomatoes, Pickles  
Ranch Fries  
Green Beans  
Chilled Fruit Variety  
100% Fruit Juice



Hot Dog **25**  
Seasoned Fries  
Baked Beans  
Chilled Fruit Variety  
Sunset Sip

### Thursday

Nashville Hot Chicken **5**  
Sandwich or  
Chicken Sandwich  
Cheesy Broccoli  
Fries  
Fresh Fruit Variety  
Frozen Fruit Sidekick

Sack Lunch **12**  




Chicken & Waffles **26**  
Green Beans  
Sweet Potatoes  
Fresh Fruit Variety  
Frozen Fruit Sidekick

### Friday

Buffalo Chicken Pizza **6**  
Or Cheese Pizza  
California Mixed Veggies  
Carroteenies w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

**13**  




Buffalo Chicken Pizza **27**  
Or Cheese Pizza  
Green Beans  
Celery w/ Ranch  
Fresh Fruit Variety  
100% Fruit Juice

Student meals are served at no cost.  
Staff Lunch: \$5.00  
Visitor Lunch: \$6.00

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a fruit.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. A choice of white and flavored milk will be offered daily.

Due to supply chain issues, menu items are subject to change.

**This institution is an equal opportunity provider.**